

ANGEBOTSÜBERSICHT



| | Aarau | Bern | Biel Elite | Biel Bözingen | Burgdorf | Köniz | Olten | Schönbühl | Solothurn | Thun Bahnhof | Thun Panorama-Center | Hallenbad Oberhofen | Time-Out Ostermundigen | Trafo Baden | Aarau | Bern | Solothurn | Bern Brünnen |
|---|-------|------|------------|---------------|----------|-------|-------|-----------|-----------|--------------|----------------------|---------------------|------------------------|-------------|-------|------|-----------|--------------|
| Cardio-/Ausdauertraining | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| HIIT-Geräte | | ✓ | | | | | | | ✓ | | | | | ✓ | | | | ✓ |
| Krafttraining | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Elektronische Kraftgeräte (4E Geräte, Millon) | ✓ | | ✓ | ✓ | ✓ | | | ✓ | | ✓ | ✓ | | ✓ | | | | | |
| Freie Gewichte | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Functional Fitness Zone | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Group Fitness (Only Fitness Cyberrobics®) | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Indoor Cycling | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Five Rücken und Gelenkkonzept | ✓ | ✓ | | | | ✓ | | | | | | | | | | | | |
| Sensopro®- Koordinationstraining | | | | | | | | | ✓ | | | | ✓ | ✓ | | | | |
| Personal Training* | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | | | ✓ | ✓ | ✓ | | | | ✓ |
| Sauna | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | ✓ |
| Damen Sauna | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | ✓ |
| Dampfbad | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | ✓ |
| Tepidarium | | | | ✓ | | ✓ | ✓ | | ✓ | | ✓ | | | | | | | |
| Kneipp Becken | | | | | | | | | | | | ✓ | ✓ | ✓ | | | | ✓ |
| Massage* | ✓ | ✓ | | | | | ✓ | | ✓ | | ✓ | ✓ | ✓ | ✓ | | | | ✓ |
| Lichttherapie* | ✓ | | | ✓ | | ✓ | | | ✓ | | ✓ | ✓ | ✓ | ✓ | | | | ✓ |
| Schwimmbad | | | | | | | | | | | | ✓ | | | | | | ✓ |
| Solebad und/oder Entspannungsbad | | | | | | | | | | | | ✓ | ✓ | ✓ | | | | ✓ |
| Römisch-Irisch Spa* | | | | | | | | | | | | | | | | | | ✓ |
| Kidz Club/Kinderparadies | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | |
| Bistro und/oder Getränkeausschank* (Heissgetränke/Eiweissshake) | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | ✓ |
| Minigolf / Squash | | | | | | | | | | | | ✓ | ✓ | | | | | |
| Parkplätze | ✓ | | ✓* | ✓ | ✓* | ✓* | ✓ | ✓* | ✓* | ✓* | ✓* | ✓* | ✓ | ✓* | ✓* | ✓* | ✓* | ✓* |

* Kostenpflichtig